

**PACIFIC COAST ATHLETIC LEAGUE
Team Champions
Fall 2019**

Boys Cross Country

Gabilan	King City
Mission	Palma
Cypress	St Francis SCP
Santa Lucia	Christopher

Girls Cross Country

Gabilan	North Salinas
Mission	Seaside
Cypress	Monterey
Santa Lucia	Santa Catalina

Field Hockey

Gabilan	Christopher
Mission	Stevenson

Football

Gabilan	Salinas
Mission	Alisal/Monte Vista Christian/Seaside (Tri-Champs)
Cypress	Santa Cruz
Santa Lucia	Pacific Grove
8-Man	Cornerstone Christian

Girls Golf

Gabilan	Stevenson
Mission	Gilroy

Girls Tennis

Gabilan	Salinas
Mission	Christopher
Cypress	Notre Dame

Girls Volleyball

Gabilan	Christopher
Mission	Alisal
Cypress	Soledad
Santa Lucia	Watsonville
Arroyo	Pacific Collegiate

Boys Water Polo

Gabilan	Stevenson
Mission	Gilroy

Girls Water Polo

Gabilan	Stevenson
Mission	Carmel